

List of Suggested Items to Send to Our Troops

The Holy Name Society will be collecting items to be shipped to Our Troops deployed overseas until Sunday, July 19th. We will store the items and take care of getting them shipped. Thank you for your support and please keep these men and women and their families in your daily prayers.

Toiletries

chapstick/ lip balm
eye drops
suntan lotions/blockers
skin products
foot powder/creams/lotions
small medicine bottles (aspirin, etc)
bar soap
deodorant
baby wipes (unscented)
disposable razors
magnifying glass
Q-tips
Kleenex
Nail clippers/emery boards
Ben Gay
Tooth paste/ tooth brush

Misc Items

puzzles
books
find-a-word/ Sudoku
magazines
playing cards
hacky sack/ small ball
cds/ dvds
calling cards
hand held games

Supplies

crew socks
shoe/boot inserts
72" boot laces (brown or tan)
bug repellent
large ziplok bags
batteries (esp. D & AA)

Non-Perishable Food Items

beef jerky
hard candies (starburst skittles...)
nuts/ dried fruits
any non-perishable snacks
power bars/ nutrition bars
flavor packs to add to bottled water
seasoning packets (shipped in sealed Ziploc bags)
ready to eat canned meats
homemade cookies (no chocolate, it will melt)
canned potato chips
instant soup/ ramen noodles
small packs of coffee/ hot choc.
trail mix
flavored seeds (sunflower/pumpkin)

* Homemade cards & letters

* Prayers